

CONTEST RULES AND REGULATIONS

Contest "Fous de la crème"

To participate, visit the RICARDO website (<https://www.ricardocuisine.com/concours/nutrilait>) and answer the compulsory question. The contest starts on September 20, 2019 and ends on October 17, 2019 at 11:59 pm. To be eligible, your form must be completed online no later than October 17, 2019 at 11:59 pm.

Even though an Internet connection and a valid email address are required to enter the contest, no purchase is necessary. Many public libraries, Internet cafés and retail stores offer free Internet access. Several service providers and other companies allow to send and receive emails for free.

To be declared a winner, the selected contestants must first complete the release form that will be sent to them through email and return it within 3 days of receiving it. The prize will be sent free of charge to the address listed in the release form.

PRIZE

One of 5 packages for 2 people including:

- An exclusive culinary workshop
- A gift bag

TOTAL VALUE : \$750 per package

CONDITIONS OF USE

- This offer has no cash value and cannot be exchanged, refunded or combined with any other offer or promotion.
- Any other personal expenses will be the responsibility of the winners.
- The contest organizers reserve the right to substitute a comparable prize in the event of a program cancellation or any other situation beyond their control.

DRAW

- The draw will be held October 22, 2019 at 12:00 pm (EST) at the offices of RICARDO Media Inc., 300 d'Arran St., Saint-Lambert (Québec), J4R 1K5.
- Contest is open to all Canadian residents who have reached the age of majority in their respective province and reside in Canada at the time of registration.

GENERAL RULES

1. Limit one entry per person, per address, per day. Only one email address can be used to enter the contest, regardless of the number of email addresses held by the entrant.
2. This contest is organized by RICARDO Media Inc. Subject to the conditions herein, the contest is open to Canadian residents, except employees, agents and/or representatives of RICARDO Media, its distribution or affiliated companies, advertising agencies or any party associated with the contest, as well as any person with whom an employee, agent and/or representative resides or members of the immediate family. For the purposes of these contest rules and regulations, members of an employee, agent and/or representative's "immediate family" include father, mother, brothers, sisters, children, husband, wife or common-law partner. Any participant randomly selected during this contest who does not meet the eligibility requirements herein will be automatically disqualified from the contest and another draw will be held to choose a winner. Any participant who does not meet the eligibility requirements should inform RICARDO Media Inc. as soon as they are contacted.
3. By entering the contest, any winner authorizes, if required, contest organizers or their agencies to use their name and/or photograph for promotional purposes, without any compensation.
4. Contest organizers accept no responsibility of any kind in all cases where their inability to act results from circumstances beyond their control, or a strike, lock-out or any other labour dispute in their establishment or in the establishments of an organization or business whose services are being used to hold this contest.
5. Any litigation respecting the conduct or organization of a publicity contest may be submitted to the Régie des alcools, des courses et des jeux du Québec for a ruling. Any litigation respecting the awarding of a prize may be submitted to the Régie for the purpose of helping the parties reach a settlement.

For any questions regarding the rules and regulations and/or about the contest, please contact customer service at <customerservice@ricardocuisine.com> or by phone: 450-465-4101.